



FOOTNOTES

VOLUME 9, ISSUE 4

SUMMER 2008

Dear Friends and Patrons of the Charleston Ballet:

I am so pleased to welcome you to the start of our 53rd season. Thanks to your support, our dancers once again have the opportunity to step out onto that stage and take our breath away with the sheer beauty and joy of dance. As a former dancer myself, I clearly remember the thrill of opening night. As the house lights went down and the curtain opened, I can still feel that moment of shared anticipation with audience-- a silent breath where everyone is thinking "ok, here we go!" That moment of nerves, excitement, and joy made the many hours of rehearsal and discipline all worthwhile.

I still get that feeling of excitement each year as the dancers take their places and the stage lights come up. Their strong, graceful bodies are the instruments that give shape to the beautiful works of art created by some master choreographers. In our 53 year history, the ballet has presented world premiers of original choreography while fully staging the classics, right here in the Charleston, WV. We are so fortunate to have this unique blend of talent and diversity, and to have the opportunity to share it with you.

I invite you all to come out and enjoy the wonderful mix of dance styles this season will offer. From contemporary to ballroom, ballet to blues, there is something for everyone to enjoy. I would also remind you that these performance opportunities are only available thanks to the incredible generosity of our donors. From the costumes and lights, to the theater and stagehands, your support makes each performance possible. Without you, the lights go out and the dancers are stilled. Please support the Charleston Ballet and your local dancers by giving generously this season. We look forward to sharing opening nights with you for many seasons to come.

Sincerely,
Heather Galloway
President, Charleston Ballet Board of Directors

**CHARLESTON BALLET
2008-2009 NEW
BOARD MEMBERS:
NEW COMPANY AND**

NEW BOARD MEMBERS

Heidi Schmalbach
Emily Seufer

NEW COMPANY MEMBERS

Paige Carlton
Emily Cline
Eleanor Gandee
Brigette Madden
Sheena Madden
Emma Pendergrass
Lauren Reasor
Lauren Snyder
Kristina Steadman
Alexis Townsend

APPRENTICE

Olivia Carnell
Kalea Gunderson
Elizabeth Hughes
Adelyn Nottingham
Samantha Riggs
Samara Silverstein
Daisy Thomas

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WATCH FOR OUR
UPCOMING SEASON OF
DELIGHTFUL
PROGRAMS



2 FOOT NOTES

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KIM PAULEY
 ARTISTIC DIRECTOR

ELAINE BALDWIN
 OFFICE MANAGER

BECKY TURLEY
 PRODUCTION/DESIGN

CHARLESTON BALLET TO PERFORM DURING FESTIVAL

The Charleston Ballet will be joined by the River City Youth Ballet and the West Virginia Dance Company to present a free performance on Sunday, June 29, 2008, as part of the city of Charleston's FestivAll celebration. The performance will take place at the West Virginia Cultural Center beginning at 2:00 P.M.

The afternoon performance will include selections from classical and contemporary ballets, jazz pieces, and modern works.

The Charleston Ballet, Official WV State Ballet Company, has been a pioneer among regional dance companies. Formed in 1956, the troupe continues to enrich the cultural life of state residents with its performances of many traditional favorites and new and innovative creations. Principal dancers performing from the Charleston Ballet include Kim Pauley, Rob Royce, Rhiannon Turley, and Angela Price.



TO THE POINTE

"Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence."

Helen Keller

A sincere "thank you" to all of our faithful volunteers, who were essential in making the SENSATIONAL SEASONS season a truly successful one.

Special thanks to the Hamrick family for our recent Family Fun Bash

A second summer session will run from July 28,-Aug. 22,2008. The fall semester will start September 2, 2008

The Charleston Ballet
 an Artwalk stop
 @
 107 Hale Street



GOING GREEN

The Charleston Ballet would like to do its share of saving paper and will begin sending our future newsletters out in an electronic format. If you are interested in joining our cause and receiving your FOOTNOTES publication via email, please cut below and return with your name and email address. to our office. You may also call the office with your address or provide your address by emailing our website info@thecharlestonballet.com

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Name _____

Address _____

Phone _____



ANYONE CAN DANCE

If you have a young child in your home, I am certain that you have heard the expression "anyone can cook!" from the movie Ratatouille. This has caused me to ponder that possibly "anyone can dance!"

Are you dreaming or thinking about stepping into a ballet studio and stepping up to the barre? More & more adults are taking their first ballet class. Maybe your childhood dreams to dance were dashed by other interests such as sports, music, finances, family obligations or your parent's objections. Many adults are coming back to that desire from their youth to start taking a beginner level ballet or other style dance class.

Dance studios from all over the United States & the world have noticed this trend and have opened the door to beginners with entry level classes available. Just keep in mind, if you begin, that your body may need some pampered conditioning for a body that may not be as flexible as it once was. By continuing your classes, your body will adjust to the new stretches and positions, but finding a good instructor who understands the demands on the body of an adult beginner is the key to a good class.

I would like to present seven beginning principles for ballet or dance beginners:

1. Find a school which offers quality instruction. An instructor should have a great knowledge & technique of the dance style you are interested in. Also, your instructor should understand the needs & concerns of a more mature beginner dancer's body.
2. Attend & observe a class. Study the process of the class & what type of clothes & shoes are appropriate. Don't be afraid to ask a student already in the class for clothing or hair suggestions.
3. Talk to the instructor about what to expect.
4. Learn ballet etiquette or the etiquette for your dance style.
5. Don't be afraid to ask your teacher for further instruction if you do not understand the dance step or movement. That is what they are there for! If you still have difficulty, stay after class & ask for clarification.
6. Practice at home on your own, alone so you will raise your confidence in class.
7. Be kind to yourself & patient. Keep coming back & trying to learn.

Most importantly, remember that learning ballet or any dance style is a timely process. Be patient & keep coming back. Please join us at the Charleston Ballet! We would love to have you in our beginner level class! Tuesday evenings 5:30 – 7:00pm. Call 342-6541 for more information.

DANCE MEDICINE

ACADEMIC SEMINARS

Guest Instructor: Jacqui G. Haas, ATC

Tuesday August 5, 2008 from 6:15 - 9:30 PM

The Charleston Ballet will be hosting an intense, interactive Dance Medicine Seminar designed especially for Charleston's finest dancers, athletes, and instructors. Jacqui G. Haas, athletic trainer for Cincinnati Ballet, will hold a dance specific workshops to better understand the action of developpe, a better arabesque and nutrition for dancers. This seminar also includes important facts concerning injury prevention. The fee is \$45.00 made payable to: Charleston Ballet. The workshops will be held at the Charleston Ballet studio at 822 Virginia Street East, Charleston WV. Call 342-6541 for registration forms and

Contributing to the Charleston Ballet can take place in many ways. There are simple and obvious ways such as making an individual financial contribution. Many corporations will also match employee contributions with the completion of a short form. Contributions can also take place as in-kind and /or trade of services.

Volunteering time and expertise to assist with special projects or by attending fundraising events, serving as a Friend of the Ballet or on the company's Board are also ways to give.

The Charleston Ballet can also receive stock transfers and has an established Endowment Fund at the Greater Kanawha Valley Foundation.

The Charleston Ballet relies on the generosity of its community to continue offering the highest quality in dance performances with visiting guest artists and choreographers for future seasons.

Mark your Calender

Mark your calendar NOW for these exciting upcoming events sponsored by the Charleston Ballet.

October -November 2008
December 7, 2008
January 10, 2009
February 13, 2009

Poinsettia Sale
Teddy Bear Tea
Moon over Midrid
Valentine Raffle

Charleston Ballet
822 Virginia Street East
Charleston, WV 25301

NON-PROFIT
ORGANIZATION

U.S. Postage
PAID
Charleston, WV
Permit No. 1312



RHAPSODY
IN BLUE

June 29, 2008 Festival Performance 2:00 West Virginia Cultural Center

July 28 - Aug 22, 2008 American Academy Ballet Summer Session II

September 2, 2008 American Academy Ballet Fall Semester begins

October 24-25, 2008 8:00 pm Civic Center Theater

December 19-20, 2008 7:30 pm **December 20** 2:00 pm & 7:30 pm
Maier Performance Hall at the Clay Center **THE NUTCRACKER** with WV
Symphony

March 27-28, 2009 8:00 pm Civic Center Theater

May 22, 2009 7:30 pm Civic Center Theater American Academy Ballet Recital